

Complete Women's Health Care

J. Marshall Dent, M.D.

Member of North American Menopausal Society

NOW you can finally take control of your health with a **REMARKABLE WEIGHT LOSS PROGRAM**. Our patients lose an average of **12 POUNDS PER MONTH!**



Barbara and Teva lost a total of **80 pounds and 30 inches** in less than 8 weeks!

"During my appointment with Dr. J. Marshall Dent in October I learned I had gained over eighty pounds. He suggested that I try a new diet program being offered at his office, Florence Wellness and Weight Loss Center, under the direction of Bariatric Nutritionist, Jean Dickens. There are three wonderful plans to choose from - weekly, biweekly or monthly. My daughter and I decided to do the weekly full-liquid diet, which is actually doing wonders. It consists of consuming five protein supplements daily. We have weekly visits with Mrs. Jean, who is a great encourager and a wonderful mentor. We also take multivitamins, potassium, a B-vitamin, an appetite suppressant and a stool softener, plus a weekly B-12 IM injection.

It is not hard sticking to the program because I have a wonderful partner in my daughter and we encourage each other. At first, we had psychological hunger; however, over time, we knew that is what the hunger actually was and we did not give into it. We started our weight-loss journey on January 4, 2008. I have lost fifty pounds and twenty inches. Teva has lost thirty pounds and fifteen inches.

What I like most about the program is the structure and doing it with Teva, my best friend. We have both been blessed in that we feel wonderful and are full of energy. This program is a wonderful tool in helping people who have been struggling with weight problems for years to lose weight. There is help for the overweight person. This program helps you to realize that you don't have to turn to food for comfort. Losing weight makes you love and enjoy life more.

Mrs. Jean Dickens is a lot of help and the protein supplements are really delicious. Dr. Dent is awesome and we thank them both for being great supporters"

— Barbara Mitchell

NOW Accepting Patients. Call Today!
(665.5055 ext. 212)

Barbara Mitchell and daughter, Teva Alston

Florence Wellness & Weight-loss Center

under the direction of **BARIATRIC NUTRITIONIST, JEAN DICKENS**
NOW OFFERING FULL & MODIFIED FAST AS WELL AS OTHER PROGRAMS TAILORED TO YOUR INDIVIDUAL NEEDS

410 South Coit Street • Florence • 665.5055

From puberty to menopause and beyond, your life is a journey. Dr. Dent is trained in family medicine. He is here for you every step of way.