

Florence's Only Certified Bariatrics Center
**Florence Wellness
 & Weight-loss Center**

under the direction of **J. MARSHALL DENT, M.D.,**
FLORENCE'S ONLY BARIATRIC PHYSICIAN

NOW OFFERING FULL & MODIFIED FAST AS WELL AS OTHER PROGRAMS TAILORED TO YOUR INDIVIDUAL NEEDS



after



before

“ I've lost **55 POUNDS!** ”

Chrystal Hayes tells her story.

HER STORY... Several months after the birth of my second child, I was unsuccessful at losing the weight I gained during the pregnancy. After my first pregnancy, I was back down to my pre-pregnancy weight within a few weeks, but I knew that losing the weight would not be as easy the second time. I could only fit into my maternity clothes. At 183 pounds, I was heavier than I had ever been before and was not happy at all with my appearance.

One day, I had a doctor's appointment, and I was reading She Magazine. I saw an ad for Florence Wellness & Weight Loss Center. The next day, I called and spoke with Ms. Thelma, who briefly explained the program to me and scheduled my first appointment.

I started on the Modified-Fast Program. I was able to have two supplements per day for breakfast and lunch. I chose the chocolate shakes because they tasted delicious, and they were convenient. For supper, I ate a high-protein, low-carb meal. A list of foods was given to me to choose from, along with the diet plan. It was so easy to follow, and I think that's why I have been successful.

I was motivated to continue the program every time I weighed in and had lost more weight. Everyone noticed my weight loss. Even several of my co-workers, friends and family started the program, which helped me to stick to the plan.

The hardest part was watching others eat the foods I love. The longer I was on the program, however, the easier it was to follow. The best thing about losing the weight is the increased energy. I feel better than I have felt in a long time; I actually have the energy to work all day and keep up with my two young children.

My advice to anyone who wants to lose weight would be to call the staff at Florence Wellness & Weight Loss Center. They are so kind and supportive. If you follow the program, you will lose weight and feel better.

My current weight is 128 pounds. I lost a total of 55 pounds. But, most importantly, I've been able to keep the weight off.

Chrystal Hayes is married and has two children. She is a Registered Nurse and the Assistant Director of Nursing at Morrell Nursing and Rehab Center in Hartsville, South Carolina.

Top 10 reasons to choose Florence Wellness and Weight-loss Center

1. The ONLY board certified bariatric physician in the Pee Dee
2. The ONLY certified Bariatric Center in the Pee Dee
3. The most cost effective program in the Pee Dee
4. Individual programs tailored to your needs and the flexibility to change programs
5. Thorough metabolic laboratory evaluation on every patient
6. The knowledge and experience to offer hormone balancing to enhance weight loss
7. Bonafide maintenance program once goal weight is obtained
8. Each patient seen by physician every visit
9. All inclusive plans (no hidden cost)
10. Flexible hours and late hours to better accommodate your schedule

MOST COST EFFECTIVE WEIGHT LOSS PROGRAM IN THE PEE DEE!

Programs as low as \$45 every 2 weeks, including Lipotropic Injections, Vitamins, and Appetite Suppressants

Complete Women's Health Care

J. Marshall Dent, M.D.

Member of North American Menopausal Society • Member of American Bariatrics Physicians

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